## CLAIMS

## What is claimed:

- 1. A method for preparing an tracer composition
- 2 comprising:
- 3 obtaining a <sup>13</sup>C labeled Krebs cycle metabolite
- 4 precursor that will produce an analyte;
- 5 obtaining a deuterium source;
- 6 wherein gluconeogenensis is measured from a subject
- 7 that was provided the precursor and the deuterium source,
- 8 and produced the analyte, by comparison of the relative
- 9 nuclear magnetic resonance profiles of the labeled
- 10 components in the analyte.
  - 1 2. The method of claim 1, wherein the analyte is  $^{13}\text{C-}$
  - 2 glucose.
  - 1 3. The method of claim 1, wherein the presursor is
  - 2 glucose, lactose, lactate or alanine.
  - 1 4. The method of claim 1, wherein the deuterium
  - 2 source is deuterated water.
  - 1 5. The method of claim 1, wherein the analyte is
  - 2 glucose deuterated in the 2, 5 and 6 positions, and any

- 3 transformation that maintains the 2,5 and 6 positions in
- 4 relation to one another.
- 1 6. The method of claim 1, wherein the analyte is (1-
- 2 6  $^{13}C_2$ )-glucose.
- 7. The method of claim 1, wherein the water is  $D_2O$ .
- 1 8. The method of claim 1, wherein the flux is
- 2 measured from blood, urine or tissue extracts.
- 9. The method of claim 1, wherein the analyte is <sup>13</sup>C-
- 2 labeled glucose with the label at the 2 or 5 positions,
- 3 or at both positions.
- 4 10. The method of claim 9, wherein the metabolite is
- 5 a transformation of the labeled glucose containing the
- 6 labeled 2 position, or the labeled 5 position, or both.
- 1 11. The method of claim 1, further comprising the
- 2 step of adding  $^{13}C_3$ -propionate.
- 1 12. The method of claim 1, wherein the Krebs cycle
- 2 precursor is selected from the group consisting of
- 3 pyruvic acid, acetic acid, acetoacetic acid, beta-

- 4 hydroxybutyric acid, a Krebs cycle pathway metabolite,
- 5 and mixtures thereof.
- 1 13. The method of claim 1, wherein the analyte is
- 2 selected from the group consisting of pyruvic acid,
- 3 acetic acid citric acid, isocitric acid, cis-aconitic
- 4 acid, 2-ketoglutaric acid, succinic acid, fumaric acid,
- 5 malic acid, oxaloacetic acid, and mixtures thereof.
- 1 14. A method for preparing an tracer composition
- 2 comprising:
- 4 wherein gluconeogenensis is measured from a subject
- 5 that was provided the deuterium source, and produced an
- 6 analyte, by comparison of the relative nuclear magnetic
- 7 resonance profiles of the deuterium components in the
- 8 analyte.

- 1 15. The method of claim 14, wherein the deuterium
- 2 source is deuterated water.

- 1 16. The method of claim 14, wherein the analyte is
- 2 glucose deuterated in the 2, 5 and 6 positions, and any
- 3 transformation that maintains the 2,5 and 6 positions in
- 4 relation to one another.
- 1 17. The method of claim 14, wherein the analyte is
- 2  $(1-6^{-13}C_2)$ -glucose.
- 1 18. The method of claim 14, wherein the flux is
- 2 measured from blood, urine or tissue extracts.
- 1 19. The method of claim 14, wherein the analyte is
- 2 selected from the group consisting of pyruvic acid,
- 3 acetic acid citric acid, isocitric acid, cis-aconitic
- 4 acid, 2-ketoglutaric acid, succinic acid, fumaric acid,
- 5 malic acid, oxaloacetic acid, and mixtures thereof.
- 1 20. A method for preparing an isotopic metabolic
- 2 flux tracer composition comprising:
- 3 providing a <sup>13</sup>C labeled Krebs cycle metabolite
- 4 precursor to a subject to prouce an analyte;
- 5 obtaining a sample from the subject; and

- 6 measuring the nuclear magnetic resonance of the
- 7 labeled tracers to determine the rate of gluconeogenesis.
- 1 21. The method of claim 20, wherein the analyte is
- 2 <sup>13</sup>C-glucose.
- 1 22. The method of claim 20, wherein the analyte is
- 2 glucose labeled with <sup>13</sup>C at positions 1 through 6, or
- 3 combinations of two or more at any position.
- 1 23. The method of claim 20, wherein the analyte is
- 2  $(1-6^{-13}C_2)$ -glucose.
- 3 24. The method of claim 20, wherein the sample is
- 4 from blood, urine or tissue extracts.
- 5 25. The method of claim 20, further comprising the
- 6 step of providing the subject with  $^{13}C_3$ -propionate.
- 1 26. The method of claim 20, wherein the Krebs cycle
- 2 precursor is selected from the group consisting of
- 3 pyruvic acid, acetic acid, acetoacetic acid, beta-
- 4 hydroxybutyric acid, a Krebs cycle pathway metabolite,
- 5 and mixtures thereof.

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- 1 27. The method of claim 20, wherein the analyte is
- 2 selected from the group consisting of pyruvic acid,
- 3 acetic acid citric acid, isocitric acid, cis-aconitic
- 4 acid, 2-ketoglutaric acid, succinic acid, fumaric acid,
- 5 malic acid, oxaloacetic acid, and mixtures thereof.

- 1 28. The method of claim 20, wherein the  $^{13}$ C Krebs
- 2 cycle precursor is provided orally.
- 1 29. A method for measuring metabolic flux in a
- 2 sample using an isotopic metabolic flux tracer
- 3 composition comprising:
- 4 providing the sample with a <sup>13</sup>C Krebs cycle
- 5 precursor, D<sub>2</sub>O and acetaminophen;
- 6 obtaining an analyte from the sample; and
- 7 measuring the relative amounts of acetaminophen
- 8 glucuronide and phenylacetylglutamine in the analyte using
- 9 nuclear magnetic resonance.
- 10 30. The method of claim 29, wherein the precursor is
- 2 <sup>13</sup>C-glucose.

- 1 31. The method of claim 29, wherein the precursor is
- 2 glucose labeled with <sup>13</sup>C at positions 1 through 6, or
- 3 combinations of two or more at any position.
- 1 32. The method of claim 29, wherein the precursor is
- 2  $(1-6^{-13}C_2)$ -glucose.
- 1 33. The method of claim 29, wherein the sample is
- 2 from blood, urine or tissue extracts.
- 4 34. The method of claim 29, further comprising the
- 2 step of providing the subject with  $^{13}C_3$ -propionate.
- 1 35. The method of claim 29, wherein the Krebs cycle
- 2 precursor is selected from the group consisting of
- 3 pyruvic acid, acetic acid, acetoacetic acid, beta-
- 4 hydroxybutyric acid, a Krebs cycle pathway metabolite,
- 5 and mixtures thereof.
- 6 36. The method of claim 29, wherein the Krebs cycle
- 2 precursor is selected from the group consisting of
- 3 pyruvic acid, acetic acid citric acid, isocitric acid,
- 4 cis-aconitic acid, 2-ketoglutaric acid, succinic acid,
- 5 fumaric acid, malic acid, oxaloacetic acid, and mixtures
- 6 thereof.

- 1 37. The method of claim 29, wherein the  $^{13}$ C Krebs
- 2 cycle precursor and  $D_2O$  are provided orally.
- 1 38. The method of claim 29, wherein the  $^{13}$ C Krebs
- 2 cycle precursor and  $D_2O$  are provided to a mammal.
- 1 39. The method of claim 29, wherein the  $^{13}$ C Krebs
- 2 cycle precursor and  $D_2O$  are provided to a human.
- 1 40. A reagent kit for use in effecting a
- 2 simultaneous assay for gluconeogenesis in a sample, said
- 3 reagent kit comprising:
- 4 a 13C labeled Krebs cycle precusor; and
- 5 a labeled water tracer.
- 1 41. The reagents of claim 40, wherein the Krebs
- 2 cycle precursor is  $^{13}\text{C-glucose}$ .
- 1 42. The reagents of claim 40, wherein the Krebs
- 2 cycle precursor is  $(1-6^{-13}C_2)$ -glucose.
- 1 43. The method of claim 40, wherein the Krebs cycle
- 2 precursor is glucose labeled with  $^{13}$ C at positions 1
- 3 through 6, or combinations of two or more at any
- 4 position.

- 1 44. The reagents of claim 40, wherein the water
- 2 tracer is  $D_2O$ .
- 1 45. The reagents of claim 40, wherein the Krebs
- 2 cycle precursor is  $^{13}C_2$ -labeled glucose.
- 3 46. The reagents of claim 40, further comprising
- 2  $^{13}C_3$ -propionate.
- 1 47. The reagents of claim 40, further comprising
- 2 acetaminophen.
- 1 48. The reagents of claim 40, further comprising an
- 2 acetaminophen glucuronide and/or an phenylacetylglutamine
- 3 standard.
- 1 49. The reagents of claim 40, wherein compositions
- 2 are prepared for oral administration.
- 1 50. The reagents of claim 40, wherein the Krebs
- 2 cycle precursor is selected from the group consisting of
- 3 pyruvic acid, acetic acid, acetoacetic acid, beta-
- 4 hydroxybutyric acid, a Krebs cycle pathway metabolite,
- 5 and mixtures thereof.

- 1 51. The reagents of claim 40, wherein the pH of the
- 2 components of the reagent kit is from about 3 to about 7.
- 1 52. The reagent kit of claim 40, further comprising
- 2 a buffered isotonic solution.
- 1 53. The reagent kit of claim 40, further comprising
- 2 a buffered isotonic solution wherein the buffer comprises
- 3 sodium borate and potassium cyanide.
- 1 54. A method for determining gluconeogenesis
- 2 comprising the steps of:
- 3 providing a patient with a <sup>13</sup>C labeled Krebs cycle
- 4 precursor and  $D_2O$ ;
- 5 obtaining a sample a blood, urine or tissue sample from
- 6 the patient;
- 7 measuring the <sup>2</sup>H signal nuclear magnetic resonance
- 8 spectra;
- 9 measuring the <sup>1</sup>H NMR nuclear magnetic resonance spectra;
- 10 measuring the <sup>13</sup>C-carbon nuclear magnetic resonance
- 11 spectra; and
- 12 calculating the rate of gluconeogenesis by taking the
- 13 known infusion rate of a <sup>13</sup>C radiolabelled Krebs cycle

- 14 metabolite divided by the average fraction found in the
- 15 sample over a predetermined period.
  - 1 55. The method of claim 54, therein the
  - 2 predetermined time period is between about 2 to between
  - 3 about 3 hours.
  - 1 56. The method of claim 54, therein the
  - 2 predetermined time period comprises measurements at 120,
  - 3 150 and 180 minutes.
  - 1 57. The method of claim 54, wherein the patient
  - 2 fasts for 6-8 hours before taking the  $^{13}\text{C}$  labeled Krebs
  - 3 cycle precursor and  $D_2O$ .
  - 1 58. The method of claim 54, wherein the patient is
  - 2 further provided with <sup>13</sup>C propionate.